



Tattwa Vision

In witchcraft, the elements play a very important role. We often call upon the powers and forces of the 4 wind directions during our magic rituals. We use salt, water, fire, incense and other means to give the elements form. We look for them in our own body and our surroundings, and strive for balance. But what do they really mean?

What is the spiritual importance of these forces that move through the universe? By meditating on these symbols, you will travel through the element and can really experience them, hence understand them better.

Tattwa Vision is about Magic and the astral part of the pineal gland.

Tattwa Vision is seen as the most effective method to train clairvoyance. It is not easy at first and you have to do it on a regular basis.

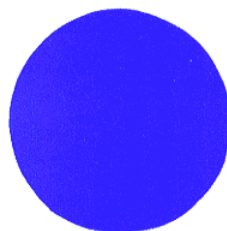
The Tattwas are Eastern symbols that represent the five elements. They are projected in a very simple way without any detail. That is why they will deeply address the most primitive part of the brain. It opens gates which most people will never open.

We meditate on these symbols so as to optimally train the pineal gland for paranormal perception and to open up yourself to receive messages from the Universe, the universal breath, Swara, the big Spirit. This spirit has two sides: an active and a passive one. In the active phase it is the phase of the sun, the Pingala, and in the passive phase it is the phase of the moon, Ida.

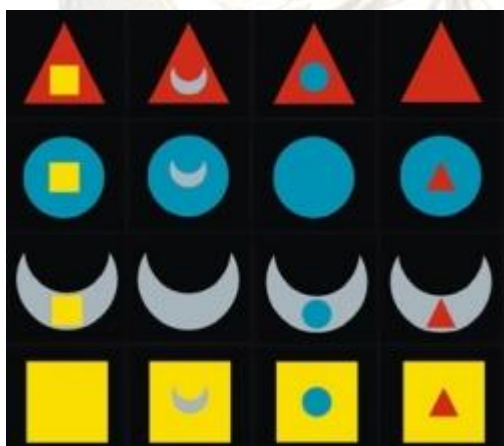
They stream through the human body as they stream through universe. Quickly on top, just as quickly at the bottom. In different phases. The one moment a person is full of fire, the other time fire is passive and water active.

We can divide the Swara into five different ways of appearance. Five gates to experience the elements. They each have their own vibration, appearance and function.

1. Prithivi, the earth element, a yellow square which corresponds with smell.
2. Apas, the water element, the silver mooncrescent which corresponds with taste.
3. Vaya, the air element, the blue element circle which corresponds with touch.
4. Tejas, the fire element, the red triangle which corresponds with sight.
5. Akasha, The Spirit, a black egg-shaped form which corresponds with sound.



These elements do, of course, not appear in the physical world separately, but they interchange all the time. They appear in different (25) combinations. Each element has 5 aspects. The Tattwa training starts by using the 5 basis cards but if so desired, one can expand these with all 5 aspects of this element (as shown below the element earth in its 5 aspects), the sub elements of the supporting cards.



By meditating on the Tattwas on a regular basis, you will develop a better vision on what was, what is, and on what is going to be. We believe that alle information is saved in the Akashic records; an astral light which contains data that can be perceived through special senses (pineal gland).

It is also a powerful means of healing and gaining balance.

Werkwijze:

- Cleanse yourself and the working space with the elements.
- Clear your head and body of old energy.
- Sit down in the direction of the element. Earth is North, Air is East, Water is West and Fire is South. Make sure you are comfortable and your feet touch the earth. Pay attention to your breathing (4 in, 4 counts out) and relax.
- Have a pen and paper ready so that you can note down all sightings.
- Choose a symbol, at first only use the element cards and make sure it is at eye level.
- Assure the card catches enough light.

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- Stare at it for at least 10 minutes, taking in the entire picture and put a kitchen timer on 15 minutes. The ring of the kitchen timer will indicate the start of your return trip.
- Focus on the white back side of the card. You will perceive the complementary colour.
- Next close your eyes and visualise the symbol in the complementary colour in your mind: this will be your gate.
- Enlarge the symbol until it gets to the size of a gate.
- Visualise yourself going through the symbolic door and travel astral through the elements of elements.
- In the beginning, stay close to the door but as you get more practice you can travel further and discover more.
- When you decide to return, take exactly the same way back, through the door.
- Close the door behind you.
- Once back, let the door shrink to the original size, open your eyes and look at the original. The colour is back to its original colour. You have returned to the point of departure.
- Stamp on the ground firmly. Clap your hand, rub your face. Make sure you have grounded.
- Write down your experiences.

It could be very useful to practice up to the point of getting to the gate. When you can visualise the gate clearly and make it bigger, that is the moment you can go through.

Influence of the cards:

Starting order of the cards:

1. Air cards, first the basis card and then in random order, the supportive air cards. This procedure should also be done with the other elements.
2. Fire
3. Water
4. Earth
5. Ether

Work on one card 10 minutes every day.

Purpose of the cards: To remove any blockages and improve mental and physical well-being in several areas. The supportive cards will work somewhat more specific (as specified in the table below)



Hoofdkaart →	Lucht	Vuur	Water	Aarde	Ether
Supportive element ↓					
Air	Process of thinking General communication	Communication and thinking clearly. Making choices easier.	Enables emotions to be discussed	Creates order in the mind	Ideas through communication with our higher self.
Fire	Helps in making choices. What do I want?	Willpower Clearance Transformation in General	Emotions will emerge	Clarity in making choices	Letting go of old matters that stick to you.
Water	Helps in making emotional choices.	Clearing up of old traumas and emotions	Get into emotional balance in general.	Sense and emotions come together.	Activating of the long term memory.
Aarde	Enforces the analytical capability.	Clearance on what I want and whether I am doing that right now?	Dealing with emotions.	Clarity Earthing Create order in general	What is my biggest wis hand my path.
Ether	Helps to make important decisions.	Gives mental power at transformation.	Closure emotional process.	Closure. The penny has dropped. Knowing.	Own wisdom. Purification Peace in general

Choice of card:

Besides using the cards in the afore mentioned sequence one after the other, it is possible to use a divination method by choice. You can choose the card by intuition or choose from a closed or opened deck of cards.

Travelling through these cards can release quite a few emotions. Note down all experiences.

